

# Clinton Street Center Update to the Village Board of Trustees

May 2021

The Clinton Street Center has been humming along since April of last year. We closed our doors Friday, March 13<sup>th</sup>, and went right into calling everyone on a weekly basis, arranging for personal shoppers for seniors who were unable to get groceries and delivering medication, puzzles, jokes and occasional treats.

We arranged for several of our classes to be taped and aired on PCTV, in the meantime the staff learned about the technology available and what we would need to have in place to move forward maintaining connections and offering opportunities for continued growth.

We began putting programs on Zoom and in the warmer weather of May to September we added programs outside and could be found on the tennis courts at Foxwoods, the basketball court on Lake street, the parking lot at ARC Stages, in the pocket park behind the center and in the neighborhoods around the Village.

We figured out ways to offer programming in the building safely and have steadily been adding to our offerings. Currently, we have 4 programs still available on PCTV, have classes on Zoom, programs in the building, run special events on both formats and offer Lunch to go 3 days a week.

In April, we brought the Grocery Shopping bus back on line for weekly shopping.

In May, it is our plan to add guitar in the building and synchronously on Zoom and return to neighborhood visits as the weather permits.

In June, we would like to add open bridge and mah jong and chess in the building as well as increasing our Lunch to go to 5 days a week and bring the Home Delivered meal program in house.

In July, we would add in an additional Bingo day and slowly move to having a meal in house once a week.

By the end of summer and moving into the Fall we hope to have meals in house twice weekly while maintaining our lunch to go program at 5 days a week.

Of course all of the above plans are subject to CDC guidelines, Covid numbers in our area the board's approval.

*\*The attached monthly calendars show our current programs with the highlighted additions for each month*

## Home Delivered Meals

We are looking to bring our home delivered meals (HDM) program in house for a 3-month trial (June through August). In doing this we could offer Lunch to Go 5 days a week.

We out sourced this program several years ago when we were providing meals for neighboring communities. We decided to outsource the meals for our village participants at the time because we weren't able to find a way to cover the service if our chef was out and the contract at the time let us break even. Through the pandemic we have had to re think everything and this service is no exception.

The current meals are delivered by Hubbard's Cupboard, in January the meals went up to \$5.29 per meal, we charge \$5.00 per meal so we lose \$0.29 on each meal. The chef and I believe that we can provide a better, fresher meal at a lower cost to us. The chef is already here and his costs are the same whether he cooks or not. We have worked out a way to plan out the meal rotation that allows us to provide meals weekly and lets us cover for the chef's absence and vacation. We would like the opportunity to try this and see if it works. We can always return to the way we worked before.

In April

We delivered 205 meals at \$5.00 per meal = \$1025.00

We paid Hubbard's for 205 meals at \$5.29 per meal = \$1084.45

A loss of \$59.45 (over the year this would be about \$713.40 loss)

If we had prepared the April meals:

We would have delivered 205 meals at \$5.00 per meal = \$1025.00

The 205 meals would cost us – using an average of \$4.25 per meal = \$871.25











**Making us \$153.75 (over the year this would be about \$1845.00 profit)**

\*The additional food cost is minimal and is not anticipated to impact the budget numbers.

# Clinton Street Center











# May 2021

Monday	Tuesday	Wednesday	Thursday	Friday
<b>3</b> 9:00 Tai Chi 10:15 Bridge Lessons 10:30 Knitting 1:00 Ted Talks  Home Delivered Meals	<b>4</b> 11:30 LUNCH 2 GO 2:00 Bingo  Menu Chicken Casserole	<b>5</b> Balcony Bar At The MET  10:00 Choir 12:30 Aerobics 1:30 Arthritis Exercise 4:30 Balcony Bar  Home Delivered Meals	<b>6</b> Cookie Painting  9:30 Grocery Shopping Noon LUNCH 2 GO 10:00 Mindful Yoga 4:30 Cookie Painting  Menu Italian Style Sliced Beef	<b>7</b> 9:30 Walking Tape Noon LUNCH 2 GO 1:00 Harmonica  Menu Sweet & Sour Pork
<b>10</b> 9:00 Tai Chi 10:15 Bridge Lessons <i>(Last class - New session will start in June)</i> 10:30 Knitting 1:00 Ted Talks  Menu Home Delivered Meals	<b>11</b> 10:00 Guitar 11:30 LUNCH 2 GO 2:00 Bingo  Menu Meatloaf w/ gravy	<b>12</b> 10:00 Choir 12:30 Aerobics 1:30 Arthritis Exercise  Menu Home Delivered Meals	<b>13</b> 9:30 Grocery Shopping Noon LUNCH 2 GO 10:00 Mindful Yoga  Menu Chicken Francese	<b>14</b> 9:30 Walking Tape Noon LUNCH 2 GO 1:00 Harmonica 2:30 Neighborhood Visit (weather permitting)  Menu Lamb Stew
<b>17</b>  9:00 Tai Chi 10:30 Knitting 1:00 Ted Talks 1:30 Book Group  Menu Home Delivered Meals	<b>18</b> 10:00 Guitar 11:30 LUNCH 2 GO 2:00 Bingo  Menu BBQ Pork Chops	<b>19</b> Balcony Bar At The MET  10:00 Choir 12:30 Aerobics 1:30 Arthritis Exercise 4:30 Balcony Bar  Menu Home Delivered Meals	<b>20</b> Afternoon at the MOVIES  9:30 Grocery Shopping Noon LUNCH 2 GO 10:00 Mindful Yoga 2:00 Afternoon Movie  Menu Shepard's Pie	<b>21</b> 9:30 Walking Tape Noon LUNCH 2 GO 1:00 Harmonica  Menu Chicken Cacciatore
<b>24</b> 9:00 Tai Chi 10:30 Knitting 1:00 Ted Talks  Menu Home Delivered Meals	<b>25</b> 10:00 Guitar 11:30 LUNCH 2 GO 2:00 Bingo  Menu Chinese Pepper Steak	<b>26</b> 10:00 Choir 12:30 Aerobics 1:30 Arthritis Exercise  Menu Home Delivered Meals	<b>27</b> 9:30 Grocery Shopping Noon LUNCH 2 GO 10:00 Mindful Yoga  Menu Tuscan Chicken	<b>28</b> 9:30 Walking Tape Noon LUNCH 2 GO 1:00 Harmonica 2:30 Neighborhood Visit (weather permitting)  Menu Sole Piccata
<b>31</b> Memorial Day Clinton Street Center is Closed Today 	<div> <p>We are listening to the CDC and are Carefully Watching the numbers in our area with an eye toward continuing to add programs. Our hope is to continue adding a few activities in June so keep checking in with us.</p> <p><i>In the meantime, remember that even if you are vaccinated you need to wear your mask if you are indoors or attending a crowded outdoor event.</i></p> </div>			

# Clinton Street Center

June  
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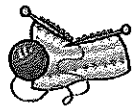

2021

Monday	Tuesday	Wednesday	Thursday	Friday
	<b>1</b> 10:00 Guitar 11:30 LUNCH 2 GO 2:00 Bingo  <b>Menu</b> Chicken Casserole	<b>2</b> 10:00 Choir 11:30 LUNCH 2 GO 12:30 Aerobics 1:30 Arthritis Exercise  <b>Home Delivered Meals</b>	<b>3</b> 9:30 Grocery Shopping Noon LUNCH 2 GO 10:00 Mindful Yoga  <b>Menu</b> Italian Style Sliced Beef	<b>4</b> 9:00 Chess 9:30 Walking Tape Noon LUNCH 2 GO 1:00 Harmonica  <b>Menu</b> Sweet & Sour Pork
<b>7</b> 9:00 Tai Chi 10:15 Bridge Lessons 10:30 Knitting 11:30 LUNCH 2 GO 1:00 Ted Talks  <b>Menu</b> Home Delivered Meals	<b>8</b> 10:00 Guitar 11:30 LUNCH 2 GO 2:00 Bingo  <b>Menu</b> Meatloaf w/ gravy	<b>9</b> 10:00 Choir 11:30 LUNCH 2 GO 12:30 Aerobics (Final class at this Time) 1:30 Arthritis Exercise (Final class at this Time)  <b>Menu</b> Home Delivered Meals	<b>10</b> 9:30 Grocery Shopping Noon LUNCH 2 GO 10:00 Mindful Yoga  <b>Summer BBQ &amp; Farewell to George</b>  <b>Menu</b> Hamburger, Chips & Slaw	<b>11</b> 9:00 Chess 9:30 Walking Tape Noon LUNCH 2 GO 1:00 Harmonica 2:30 Neighborhood Visit (weather permitting)  <b>Menu</b> Lamb Stew
<b>14</b>  9:00 Tai Chi 10:15 Bridge Lessons 10:30 Knitting 11:30 LUNCH 2 GO 1:00 Ted Talks 1:30 Book Group  <b>Menu</b> Home Delivered Meals	<b>15</b> 8:30 Aerobics 9:30 Arthritis Exercise 10:00 Guitar 11:30 LUNCH 2 GO 2:00 Bingo  <b>Menu</b> BBQ Pork Chops	<b>16</b> <b>Balcony Bar At The MET</b>  10:00 Choir 11:30 LUNCH 2 GO 1:00 Cards/ Mah Jong 4:30 Balcony Bar  <b>Menu</b> Home Delivered Meals	<b>17</b> <b>Afternoon at the MOVIES</b>  9:30 Grocery Shopping Noon LUNCH 2 GO 10:00 Mindful Yoga 2:00 Afternoon Movie  <b>Menu</b> Shepard's Pie	<b>18</b> 9:00 Chess 9:30 Walking Tape Noon LUNCH 2 GO 1:00 Harmonica  <b>Menu</b> Chicken Cacciatore
<b>21</b> 9:00 Tai Chi 10:30 Knitting 11:30 LUNCH 2 GO 1:00 Ted Talks  <b>Menu</b> Home Delivered Meals	<b>22</b> 8:30 Aerobics 9:30 Arthritis Exercise 10:00 Guitar 11:30 LUNCH 2 GO 2:00 Bingo  <b>Menu</b> Chinese Pepper Steak	<b>23</b> 10:00 Choir 11:30 LUNCH 2 GO 1:00 Cards/ Mah Jong  <b>Menu</b> Home Delivered Meals	<b>24</b> <b>Cooking Class: The Art of Dumplings</b>  9:30 Grocery Shopping Noon LUNCH 2 GO 10:00 Mindful Yoga 2:00 Cooking Class:  <b>Menu</b> Tuscan Chicken	<b>25</b> 9:00 Chess 9:30 Walking Tape Noon LUNCH 2 GO 1:00 Harmonica 2:30 Neighborhood Visit (weather permitting)  <b>Menu</b> Sole Piccata
<b>28</b> 9:00 Tai Chi 10:15 Bridge Lessons 10:30 Knitting 11:30 LUNCH 2 GO 1:00 Ted Talks  <b>Menu</b> Home Delivered Meals	<b>29</b> 8:30 Aerobics 9:30 Arthritis Exercise 10:00 Guitar 11:30 LUNCH 2 GO 2:00 Bingo  <b>Menu</b> Chinese Pepper Steak	<b>30</b> 10:00 Choir 11:30 LUNCH 2 GO 1:00 Cards/ Mah Jong  <b>Menu</b> Home Delivered Meals		

# Clinton Street Center



# 2021

Monday	Tuesday	Wednesday	Thursday	Friday
			<b>1</b> 9:30 Grocery Shopping Noon LUNCH 2 GO 10:00 Mindful Yoga  Menu Italian Style Sliced Beef	<b>2</b> 9:00 Chess 9:30 Walking Tape Noon LUNCH 2 GO 1:00 Harmonica 2:00 Bingo Menu Sweet & Sour Pork
<b>5</b> Clinton Street Center is Closed in Honor of July 4 <sup>th</sup> 	<b>6</b> 8:30 Aerobics 9:30 Arthritis Exercise 10:00 Guitar 11:30 LUNCH 2 GO 2:00 Bingo  Menu Meatloaf w/ gravy	<b>7</b> 10:00 Choir 11:30 LUNCH 2 GO 1:00 Cards/ Mah Jong Menu Home Delivered Meals	<b>8</b> 9:30 Grocery Shopping Noon LUNCH 2 GO 10:00 Mindful Yoga Menu Hamburger, Chips & Slaw	<b>9</b> 9:00 Chess 9:30 Walking Tape Noon LUNCH 2 GO 1:00 Harmonica 2:00 Bingo  Menu Lamb Stew
<b>12</b>  9:00 Tai Chi 10:15 Bridge Lessons 10:30 Knitting 11:30 LUNCH 2 GO 1:00 Ted Talks 1:30 Book Group Menu Home Delivered Meals	<b>13</b> 8:30 Aerobics 9:30 Arthritis Exercise 10:00 Guitar 11:30 LUNCH 2 GO 2:00 Bingo Menu BBQ Pork Chops	<b>14</b> NYC Ballet Ballet TBD 10:00 Choir 11:30 LUNCH 2 GO 1:00 Cards/ Mah Jong 4:30 Ballet Menu Home Delivered Meals	<b>15</b> Afternoon at the MOVIES  9:30 Grocery Shopping Noon LUNCH 2 GO 10:00 Mindful Yoga 2:00 Afternoon Movie Menu Shepard's Pie	<b>16</b> 9:00 Chess 9:30 Walking Tape Noon LUNCH 2 GO 1:00 Harmonica 2:00 Bingo Menu Chicken Cacciatore
<b>19</b> 9:00 Tai Chi 10:30 Knitting 11:30 LUNCH 2 GO 1:00 Ted Talks  Menu Home Delivered Meals	<b>20</b> 8:30 Aerobics 9:30 Arthritis Exercise 10:00 Guitar 11:30 LUNCH 2 GO 2:00 Bingo Menu Chinese Pepper Steak	<b>21</b> 10:00 Choir 11:30 LUNCH 2 GO 1:00 Cards/ Mah Jong Menu Home Delivered Meals	<b>22</b> Cooking Class: Strawberry Shortcake  9:30 Grocery Shopping Noon LUNCH 2 GO 10:00 Mindful Yoga 2:00 Cooking Class: Menu Tuscan Chicken	<b>23</b> 9:00 Chess 9:30 Walking Tape Noon LUNCH 2 GO 1:00 Harmonica 2:00 Bingo Menu Sole Piccata
<b>26</b> 9:00 Tai Chi 10:15 Bridge Lessons 10:30 Knitting 11:30 LUNCH 2 GO 1:00 Ted Talks Menu Home Delivered Meals	<b>27</b> 8:30 Aerobics 9:30 Arthritis Exercise 10:00 Guitar 11:30 LUNCH 2 GO 2:00 Bingo Menu Chinese Pepper Steak	<b>28</b> 10:00 Choir 11:30 LUNCH 2 GO 1:00 Cards/ Mah Jong Menu Home Delivered Meals	<b>29</b>	<b>30</b>